



EX299 Health & Fitness: An Irish Perspective

May 12th-26th, 2018



Compare and contrast cultural differences between the North American and Ireland cultures as it pertains to health, fitness, activity patterns, medical care & health costs. Students will participate in at least one health promotion activity, hear from a guest speaker and/or visit the Irish Sports Council and the Irish Institute of Sport, and take advantage of daily fitness opportunities in County Kerry. Enjoy group dinners at local pubs, visits to archeological sites, an overnight trip to beautiful Killarney, a day trip to the Blasket Islands and more. For more information contact Prof. Wendy Bjerke (bjerkew@sacredheart.edu).



Apply by February 15th, 2018 <http://studyabroad.sacredheart.edu/>